

## Edison Primary School Inclusion and Safeguarding Bulletin

Issue April 2023-2024





#### Resources to explain, on YouTube

10 things you think you know about autism... A video that might help dispel some common myths about Autism

My Autism and Me: A video all about Autism from the point of view of Rosie.

An introduction to Autism and the ways it might affect people. A great video to explain autism to your child.

#### **Support and Communication**

#### What do I do if I have a question or a concern?

As a school, we highly value and encourage feedback from parents. We urge parents to promptly raise any questions or concerns they may have so that they can be addressed quickly. We recommend parents to first discuss their feedback with the class teacher, followed by the phase leader. If there are any additional questions or concerns remaining, we advise parents to speak with the headteacher or deputy headteacher.

#### What do I do if I have a question or a concern about SEND?

For any queries or concerns regarding Special Educational Needs and Disabilities (SEND), please reach out to the class teacher, followed by our SENCO, Ms Francis or Mrs Dev, the inclusion lead if necessary. Your feedback is essential in ensuring the best possible education and support for all our pupils.

#### What should I do if I think my child has a special educational need?

The first point of contact should always be your child's class teacher, please always discuss your concerns with them before contacting a member of the inclusion team. The teachers and support staff who work with your children really value the relationships they have with their classes and are in the strongest position to speak to you about how your child is getting on at school.

#### What should I do if I have a concern about a child's safety or welfare?

If you are concerned about your own child or another child's safety or well-being you can speak to the school's Designated Safeguarding Lead. Alternatively, you can seek confidential advice from NSPCC or speak directly to Hounslow Social Care. If you feel a child is in immediate risk of harm then dial 999. Mrs Dokal, Mrs Rupra and Mrs Dev are the school's Designated Safeguarding Lead.

#### Lego Therapy Clubs

Our wonderful LSAs have been running weekly Lego Clubs throughout the school. LEGO-Based Therapy is a social development program that uses LEGO activities to support the development of a wide range of social skills within a group setting such as social interaction, turn-taking skills, sharing, collaborative problem-solving and the learning of concepts.



#### Communication at Edison

Please consider our communications flowchart when you have queries or concerns.



### OT assessments and interventions

Our private Occupational Therapist comes in to assess pupils against their current targets and issue new ones, as well as carry out 1:1 interventions. These pupils include those with EHCPs, those on SEND support at school as well as any pupils with concern, as and when needed.

OT sessions are also offered on weekly basis by our P.E. teacher, Mr Romeril as well as LSAs within phases.



#### Further resources & support

Remember to check our the Hounslow Local Offer information for general support for SEND and information on what the local authority can provide:

https://fsd.hounslow.gov.uk/synergyweb/local\_offer/

Also, the SEN Policy and Information Report is on our website.



#### Lanyards & Other Identification for Additional Needs & Hidden Disabilities

Without a visual cue, it can sometimes be difficult for others to identify, acknowledge, or understand the challenges faced by people living with a hidden disability/additional need. By wearing such items as a sunflower lanyard or other type of ID card people with hidden disabilities can signpost to others around them that they may have additional needs.

Sunflower Lanyard: <a href="https://hdsunflower.com">https://hdsunflower.com</a> > shop > sunflower-lanyards

Just A Minute

JAM Card:

https://www.jamcard.org/



Just a minute



JAM Card® is part of www.nowgroup.org
For more information go to www.jamcard.org

#### Travel information, for those with disabilities

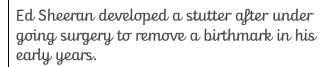
We all know that travelling can be a very difficult and stressful time for any family. Here are just few places to get additional information and support to help plan your journey:

- 1. Gatwick Airport: Hidden Disabilities | Gatwick Airport
- 2. Gatwick Airport Sensory Room: https://
- 3. <u>www.gatwickairport.com/passenger-guides/special-</u>
- 4. <u>assistance/sensory-room.html</u>
- 5. Heathrow Airport: Hidden disabilities | Heathrow
- 6. Stansted Airport: <a href="https://www.stanstedairport.com/help/">https://www.stanstedairport.com/help/</a>
- 7. special-assistance/hidden-disabilities/
- 8. The Supported Holiday Company:  $\underline{\text{https://}}$
- 9. <u>www.altogethertravel.com/2022/11/sensory-rooms-at-uk-</u>
- $10.\ \underline{airports-altogether.html\#:\text{--:text}=\text{--}London\%20Heathrow}$

#### Celebrities with additional needs



**Daniel Radcliffe** – the Harry Potter star suffers from dyspraxia, a **Daniel Radcliffe** – the Harry Potter star suffers from dyspraxia, a neurological condition which impairs organisation and movement.





#### Parenting Top Tip

Before dealing with the parenting challenges, don't forget to check in with how you are feeling yourself. If you are not feeling great, you will not be able to deliver your best in the way you respond to your those around you. Plan in time for self-care. This will not only benefit you but your whole family too.



https://www.headspace.com/mentalhealth?origin=articles-category

#### Online Safety

Following on from Safer Internet Day on the 6th February, take a look at what about what children in London say grownups just don't understand about their online lives!

https://youtu.be/Lde52EtjljQ?si

It is worth a watch and consideration!

#### Safer Neighbourhoods

Part of the school's duty of care is to ensure that we all understand the contextual safeguarding concerns in our community.

#### What is contextual safeguarding?

Contextual safeguarding is an approach to understanding, and responding to, young people's experiences in a range of social contexts, and ultimately expanding child protection system objectives beyond their families, in order to recognise young people are vulnerable to significant harm in these areas.

According to the NSPCC, it recognises that as young people grow and develop they are influenced by a whole range of environments and people outside of their family e.g. in school, in the local community, in their peer groups or online. Sometimes the different contexts are inter-related and can mean that children and young people may encounter multiple risks. Contextual safeguarding looks at how we can best understand these risks, engage with children and help to keep them safe. Part of this understanding is to understand your environment. This link takes you to the Hounslow Safer Neighbourhoods Team. Here you will find out the top reported crimes in the Hounslow area, the crime map and the police priorities.

Our young people will need support to understand the environments in which they live, and the challenges they face at an age-appropriate level. To do this, remember to start conversations to support them. Create a safe space and start conversations with them about their own experiences. It may take time, but by spending time listening to what they are saying about their community and building up tryst, you will not only be able to better understand the potential risks, but better to help your children. Thank you for working together to help keep our children safe and happy.



#### Mental Health week

In Spring term, we celebrated Mental Health Week. As part of the celebrations, we invited an expert from the Children's Catholic Society, who spoke to children about the importance of mental health and gave strategies on how to look after their mental health. The assembly ended with a collective singing of a mental health song.

#### Supermarkets and Sensory Friendly Shopping

People can feel, see and experience the world in different ways. Creating a calm and quieter environment for any customer who needs it is a low-cost effort that will make a positive difference to the shopping experience of many. To that end, many National, Regional and Local supermarkets and retail chains are now offering more inclusive shopping experience, one that is more "Sensory Friendly".

Below is a short list of some Sensory Friendly initiatives that supermarkets have implemented:

Sunflower Lanyard - Some national chains offer free Sunflower lanyards to customers with a hidden disability. Ask at the customer service desk in larger stores, or at the checkout in smaller ones

Quiet Shopping Time - quiet hour in stores. Dim lighting, emergency only loud speaker announcements, no music and quieter till sound

**Changing Place Toilets** - These are larger than a normal disabled toilet and include a changing bench, hoist and privacy screen

Facilities for the hard of hearing - hearing loops and signage

Booking help in advance - telephone to book an assistant to help you shop

Shopping aids for Autistic people - visual guide to shopping and download visual shopping list Simple and easy refuelling for disabled drivers - helping disabled drivers find and get assistance with refuelling their cars

Large text on self-service checkouts - for partially sighted customers.

To be clear, the Quiet Shopping Time **doesn't guarantee** that there will be fewer customers, but rather that factors will be reduced such as lighting being dimmed, and intercom announcements being turned off compared to 'normal' shopping hours. Not all supermarkets have Quiet Shopping Time or have it at the same time as others - please check your preferred supermarket website for more details.

#### Quiet Shopping Times for national supermarkets (alphabetical order)

Listed below are the sensory friendly Quiet Shopping Times for national supermarkets.

Aldi - on Tuesdays from 8:00am to 10:00am and Saturdays from 6:00pm to 8:00pm

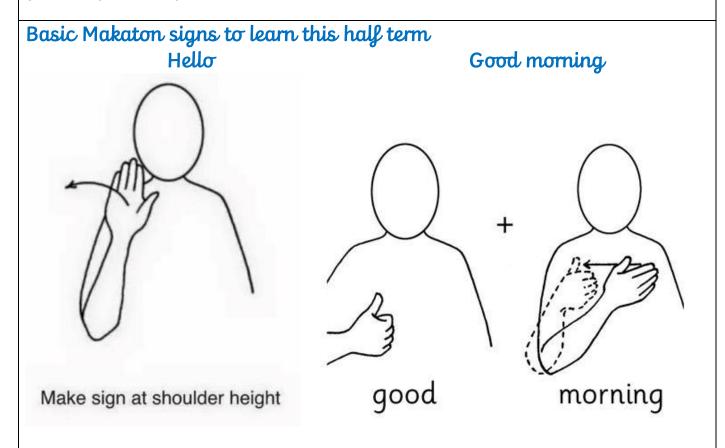
Asda - Monday to Thursday from 2:00pm and 3:00pm

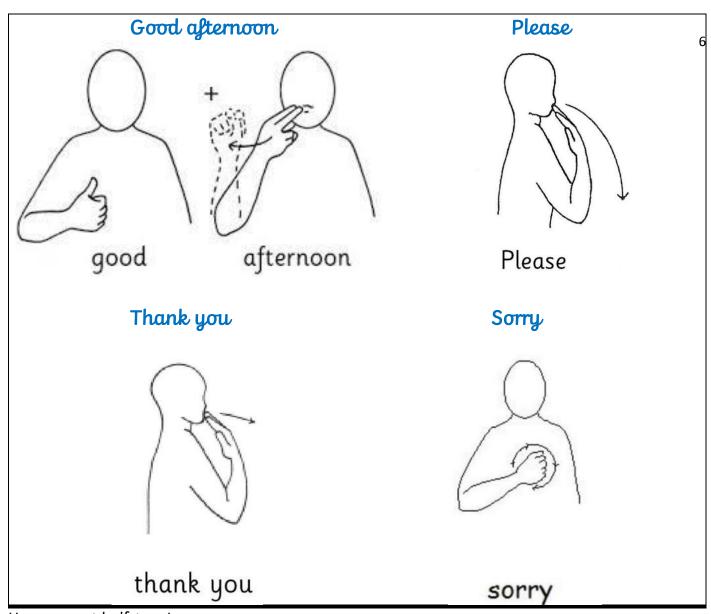
Lidl - Tuesday from 6:00pm to 8:00pm

Morrisons - Saturdays from 9:00am to 10:000am

Tesco - Wednesday and Saturday from 9:00am to 10:00am

Please note that **Sainsbury's** offer a Sunflower Lanyard. Please speak to Customer Services in your store for more information.

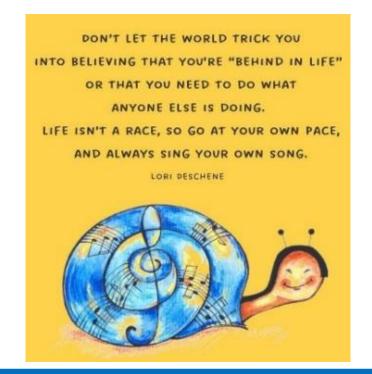




Have a great half-term!

Best wishes, Mrs Dev

Assistant Headteacher, Inclusion Lead, DSL, Senior Lead for Mental Health <a href="mailto:senco@edisonprimary.org">senco@edisonprimary.org</a>







**FAMILY HUB FUN DAY** 

FREE EVENT FOR THE

WHOLE FAMILY







Come along to find out more about Hounslow's Family Hub offer, and take part in fun activities!

Here's what you can expect:

- **Petting Zoo**
- **Soft Play**
- **Face Painting**
- **Soft Archery**
- **Arts and Crafts**
- Circus Skills
- **Music and Movement**

REFRESHMENTS PROVIDED!

This is an inclusive and accessible event for all children, young people and their families. If you will need any assistance on the day to support accessing this event, please email: familyhub@hounslow.gov.uk





# **Empowerment through Self-Defence Workshop**



Action Breaks Silence collaborates with Hounslow Neighbourhood Watch to bring you a Empowerment through Self-Defence Workshop

#### The workshop aims to:

Prevent abusive and violent behaviour against women and girls

Break down the myths around violence against women and girls and "stranger danger"

Dispel the "monster myth" and understand who the real perpetrators are

Reframe ideas of femininity; and girls and women's bodies, empowering participants to own their bodies and explore their dynamic strength both mentally and physically

Build confidence in their own individual capacities and unleash their "inner warrior"

Reframe victimisation and fear

Educate around fear, the adrenal dump and verbal diffusion skills

Identify target points on the perpetrators body and resistance strategies

#### Venue

Wycombe House Tennis & Cricket Club 385 Jersey Road London TW7 5PJ

Saturday, 11 May 2024 10am - 4pm



Scan QR Code to Reserve a Spot