



Edison Primary School

Weekly News

19 January 2024

Hot Chocolate with Mrs Dokal

Congratulations to all our hot chocolate winners for this week.



Attendance Winners

Well done to Year 5, Armstrong Class for being the winners for the highest attendance this week with 97.4%.

Class	Attendance Week 2 - 15/01/2024 - 19/01/2024
YR Bell	93.2%
YR Newton	86.3%
Y1 Franklin	96.0%
Y1 Watson	89.3%
Y2 Fleming	90.4%
Y2 Pasteur	90.0%
Y3 Curie	90.3%
Y3 Faraday	97.0%
Y4 Carson	92.9%
Y4 Goodall	96.3%
Y5 Armstrong	97.4%
Y5 Jemison	88.3%
Y6 Einstein	89.0%
Y6 Hawking	93.1%

Children's Mental Health Week - Monday 5 - Friday 9 February

What is Children's Mental Health Week?

Children's Mental Health Week is an annual event dedicated **What is the theme for Children's Mental Health Week 2024?**

Each year there is a different theme for Children's Mental Health Week.

The theme for Children's Mental Health Week 2024 is 'Your Voice Matters.'

To raising awareness about children and young people's mental health. This important event is a brilliant opportunity to open a discussion about mental health and wellbeing with children and young people.



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Over and Above: Focus of the Week

Being Kind

Our dedicated attention this week centered on adhering to **our four school principles: Ready, Respectful, Safe, and Kind**. The primary objective was to surpass the norm in these aspects, fostering mutual assistance in enhancing our collective commitment. At Edison, continual improvement is paramount, and our weekly focal points contribute significantly to achieving this objective. See the outstanding individuals recognised for going "Over and Above" in the newsletter, with the added privilege of enjoying hot chocolate with Mrs. Dokal.

Next Week the Focus is 'Being a good friend (and including others).

Breakfast and After School Club

Breakfast Club will run as normal from 8am and After School Club will run from 3:45pm to 5:45pm daily. Parents are able to book their child's breakfast and after school club sessions on ParentPay 48 hours in advance. Please note that the following charges apply:
Early Birds Breakfast Club - £4 per session (45 minutes)
Night Owls After School Club - £6 for one hour and £12 for two hours.

If you need to book a slot at short notice, please contact the School Office to check for availability.

Enrichment Clubs will start week commencing Monday 18 September and there will be a separate email regarding this which you will also be receiving today.

Attendance – Late Arrivals

This is a polite reminder that if your child/ren are late in the mornings, please ensure you bring them to the school office as they would need to be signed in by the adult.

We have a new electronic sign in system, the office team will assist you with this.

Please **DO NOT** drop your child/ren at the gate and allow them to come into school on their own.

Early Pick-Up Procedure

If you require to collect your child/ren early for any reason, you would be required to send an email to info@edisonprimary.org with a reason to why you are requesting an early collection, the email will be passed onto Mrs Dokal to authorise.

If collection is for medical appointment, you would need to provide proof of the appointment, and this should be provided to the office at least 24hours before the appointment.

To help the attendance of the pupils in class and ensuring that they are getting the best out of the education, early collection will not be permitted unless authorisation has been by Mrs Dokal in a reply to your email.

We thank you for your support and understanding.

Car Parking

Please remember that parking on school premises is for **STAFF ONLY**. Please support our school and its safety by parking a short way away and walking with your child. **Please** can we urge you all to continue to support the school and be aware of not blocking local residents' driveways, double parking and bus routes. Also please remember parking on double yellow lines is **NOT** permitted at any time. We would like to say a big thank you to all those parents that have been mindful to the local residents when parking.

Scooters and Bikes

We would like to remind you that if your child rides a scooter or bike to school, you must park it under the bike sheds, near the main school entrance. Wherever possible please keep them locked too. These should only be left here for the duration of the school day. Please **DO NOT** leave anything overnight or over the weekend as this would be left at your own risk. We appreciate your support with this.



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Bringing Children to School

Your child should arrive at school by **8.45am**, the school gate opens from 8.35am so you can drop your child at their year group entrance from this time onwards. Please ensure you support your child by ensuring they arrive on time and ready to learn. Any late arrivals should need to report to the main school office. If your child is going to be absent for any reason, please inform the school office by **8.30am** using our automated telephone service and choosing option 1. Lateness, at either end of the school day, is disruptive and can make the children anxious. Please make every effort to arrive at school on time to help your child have the best school experience possible. Persistent latecomers (more than three episodes) will be referred to Mrs Dokal and, if the lateness is not then resolved, will be passed onto the Education Welfare Officer for further action.

Night Owls Collection

Our school office closes at **4.30pm**. If you are picking up your child from After School Club after this time, please use the bell at the school office entrance, and Mrs Mahal or Mrs Gill will come to meet you, and fetch your child from the club. If you have rung the bell and there is no answer, please call the school mobile: 07814 021729. This will only be necessary on the occasions that the children are taken outside to play. We appreciate your patience and support with this.

Enrichment Clubs

We are pleased to let you know that all Enrichment Clubs can be booked via ParentPay, except for our Music and Drama clubs.

The booking system has now been activated. Please ensure that you log into your account to book and make **full** payment for the club(s) that they would like to attend. All clubs have a limited number of spaces and will run on a 'first come first served' basis.

Please note: If your child attended a club in Autumn Term, they **will not be** automatically enrolled for Spring Term Clubs. The staff in the school office are not able to book

children into the clubs, nor reserve any spaces if payment has not been made. However, if you have any questions about how to book, please do not hesitate to speak to either Mrs Pallan-Sharma or Miss Mahal. If you are booking for guitar, bass guitar, keyboard or singing, please email Miss Gould directly, specifying if you would like your child to have 'one to one' lesson or 'one to two' lessons.

All Enrichment Clubs are now full for this term.

School Lunches

We would like to remind you to please sit with your children to book the school lunches for the weeks ahead.

It has come to our attention that children are changing their meals at the counter, we would like to advise that your child/ren are only allowed to have what has been booked on Parent Pay.

Therefore, we stress that you ask your child/ren what they would like from the menu and ensure that this is booked on Parent Pay 7 days in advance.

Your co-operation with this is greatly appreciated.



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Key dates for your diary

Key dates for your diary	
Monday 22 January	Focus of the Week – Being a good friend
Monday 22 January	Bikeability with Year 6
Friday 2 February	Number Day
Monday 5 February	Mental Health Week



Get our latest news on Twitter: @Edison_Primary or
visit our school website: www.Edisonprimary.org



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Please share this week's Picture News with your child/children

IN THE SPOTLIGHT YOUR WEEKLY NEWSPAPER

Teenager 'beats' Tetris

Pictured (top): Willis Gibson aka Blue Scuti. **Source:** Blue Scuti - Willis Gibson @bluescuti1771 X page.
Pictured (bottom): Image of Willis playing Tetris from his YouTube video 'The First Time Somebody Has Ever "Beat" Tetris'. **Source:** YouTube.

13-year-old Willis Gibson, aka Blue Scuti, has made gaming history by becoming the first person to complete the original version of the popular computer puzzle game, Tetris. The Tetris player prodigy from Oklahoma, USA uploaded a video, which documented his victory, titled 'The First Time Somebody Has Ever "Beat" Tetris' to YouTube. Willis stated, 'When I started playing this game, I never expected to ever crash the game, or beat it. This run was also the Overall Score, Level, Lines, and 19 Score world record.' The gaming superstar advanced so far in the original Nintendo version of the game that, after reaching level 157, it froze, and his score read 999999. The classic video game's website describes itself saying, 'The goal of Tetris is to score as many points as possible by clearing horizontal lines of



Blocks. The player must rotate, move, and drop the falling Tetriminos inside the Matrix (playing field). Lines are cleared when they are filled with Blocks and have no empty spaces. As lines are cleared, the level increases and Tetriminos fall faster, making the game progressively more challenging. If the Blocks land above the top of the playing field, the game is over.' The game was first released 34 years ago and has been described until now as 'unbeatable'.

Have you ever played Tetris? How do you think it felt to complete a game that people have been playing without finishing for so many years?

Happy Birthday Gruffalo!

Julia Donaldson's much-loved book, *The Gruffalo*, is 25 years old this year, and the celebrations have begun! The famous children's author has started the special year by returning to a very significant location – the primary school in Scotland where she first read her unpublished book. Julia visited Auchterhouse Primary School in 1997. She asked for the pupils' opinions on the story and encouraged them to draw pictures of what they thought the Gruffalo would look like, promising that if the book was ever published, she would dedicate it to the school. She was true to her word and the Angus primary school has been celebrated at the front of every version of the story that has been printed since it was first published in 1999! *The Gruffalo* became incredibly successful, has been translated into 107 different languages and dialects, and has sold millions of copies around the world! Ms Donaldson said, 'The Gruffalo's origins go back to when I first tried the story out in primary schools in Scotland, with a memorable visit to Auchterhouse, under the wing of Scottish Book Trust. Scottish Book Trust has been doing great work for 25 years supporting children with literacy and improving access to books.'



Pictured: The 25th anniversary edition of *The Gruffalo*. **Source:** Scottish Book Trust @scottishbktrust X page.



Pictured: *The Gruffalo* with Julia Donaldson and pupils at Auchterhouse Primary School. **Source:** Scottish Book Trust @scottishbktrust X page.

Have you ever thought about writing a book? Do you think any of your story ideas could be turned into a book to be published for everyone to read?

Share your thoughts and read the opinions of others

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Welsh Tidy Mouse



Pictured: A mouse in a shed. **Source:** Carvra.

A mouse caught on camera tidying up in a shed in Builth Wells, Powys, Wales, has been nicknamed Welsh Tidy Mouse. The tidy rodent has been 'mousekeeping' since October in a workshop belonging to Rodney Holbrook, a retired postman and keen wildlife photographer. Rodney said, 'One morning I went in early October and there were no nuts in there and I thought I put nuts in yesterday. I had lots of bits of stuff I had on my bench all put in there and I thought I'm going to set up a night camera. So, I set that up and that's where I get these incredible videos of the mouse doing what it does.' He went on to say, 'I'm just leaving it as it is. People have said to me about putting things in to get some

sort of funny videos. But I just leave it naturally. Just naturally let whatever's going to happen, happen.' The video camera has captured the mouse picking up clothes pegs, corks, nuts and bolts. Megan Jackson from the University of Bristol, who studied the mouse's behaviour commented that, 'It might be that the mouse is actually finding this rewarding. It does look like maybe the mouse is scouting out its environment to find things that it thinks might be useful for a nest and bringing it back to a place that seems to be safe.'

Do you know of any animals that like to tidy up or move things around? Why do you think they like to move things?

Last week's topic:

Are emojis an important part of communication?



Yes because: 1. They help us to express our feelings. 2. They help us to communicate better. 3. They also serve as a short and precise way of communication and expression.
Kimberly

Yes, especially if the symbols are in different colours.
Lynnfield Primary School

I think that is important that we continue to use words as our main form of communication. Emojis are good because they can be understood by everyone!

Aleks

Let us know what you think about this week's news?

www.picture-news.co.uk/discuss

help@picture-news.co.uk

@HelpPicture

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Colber Lane,
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North Yorkshire, HG3 3JR

Share your thoughts and read the opinions of others

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TAKEHOME



Will self-driving vehicles change our lives?



In the news this week

Motorists in Britain could be completing journeys using driverless cars by 2026 the transport secretary, Mark Harper, has predicted. He believes that fully autonomous vehicles, in which people become passengers in their own cars, will arrive in the UK that year and follow a gradual rollout. The government introduced a bill in a speech by King Charles III that paved the way for autonomous cars, without a safety driver, after pressure from industry, MPs, and Sir Patrick Vallance in his recent review of technology regulation.

Things to talk about at home ...

- > Do you think you would like to travel in a self-driving vehicle?
- > Make a list of the positives and negatives of self-driving vehicles.
- > Do you believe we will see more self-driving vehicles on the roads over the next few years?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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Eco Refill Shop Reopening



Save the Date!

Wednesday 31st January 2024

Dear Edison Primary School,

Exciting news! The Eco Refill Shop will reopen on **Wednesday 31st January 2024, 3:30-4:00pm in the small hall. For your convenience, a contactless card machine will be available for payments.**

Please remember to bring a clean 500ml bottle for refills. If you can't bring one, don't worry, as we'll have some available for your use.

Looking forward to another eco-friendly shopping experience!

Kindest regards,

Mrs Juneja and the Eco team

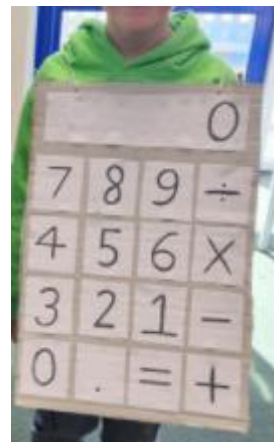


On **Friday 2nd February**, we will be supporting the NSPCC by taking part in Number Day. Pupils are asked to wear an item of clothing with a number on it (football shirt, cap, netball shirt or even a onesie!). Or get even more creative by dressing in a maths or numbers theme. Pupils may also wish to represent numbers in pictures e.g. a jumper with stars, stripes, spots etc.

To help raise money for NSPCC, we are asking for a suggested donation of £2. We've set up a Just Giving Page; [Edison Primary School is fundraising for NSPCC \(justgiving.com\)](https://www.justgiving.com/Edison-Primary-School) or by using the QR code.

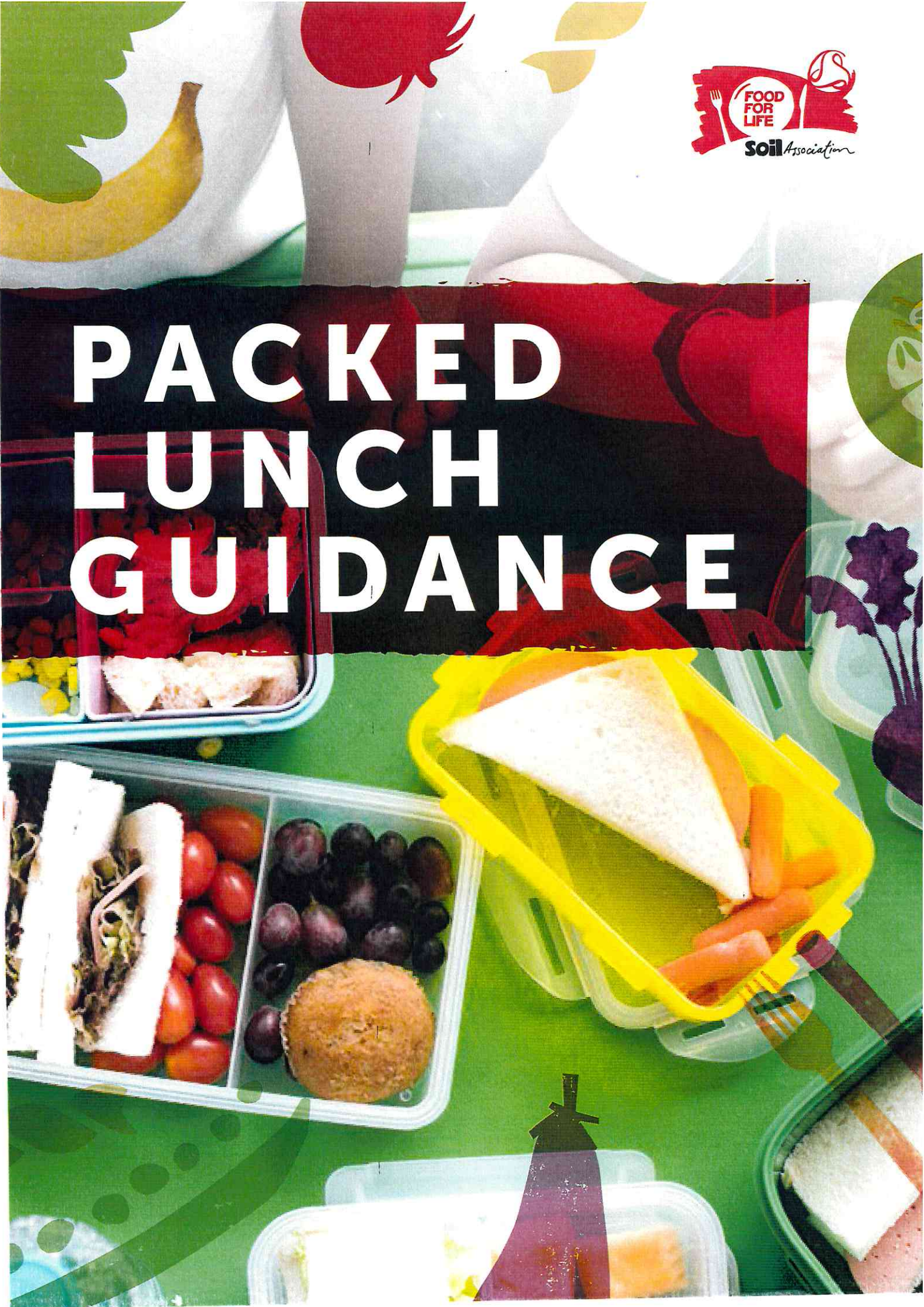


Please donate **only** on the Just Giving Page (please do not send any money into school) and share with friends so we can support the NSPCC.





PACKED LUNCH GUIDANCE



1. YUMMY WRAPS!

What's included in today's packed lunch?
• Cheese salad wraps • Pepper sticks • Grapes

TOP TIP!

Fruit and veg snacks are healthy and contribute towards your child's 5-a-day. See how many your child can eat in a week to 'eat the rainbow'.

TOP TIP!

These wraps are a mix of white and wholegrain flours, which are better for you and taste great. Wholegrain foods provide a good source of energy for growing children and fill up tummies.



TOP TIP!

These wraps include cheese as a vegetarian option, but you could use meat, fish or egg in wraps or sandwiches. You can find low fat hard and soft cheeses in supermarkets, too.

TOP TIP!

You can pop an icepack in your child's lunchbox to keep items fresher for longer.

2. LOVELY LEFTOVERS!

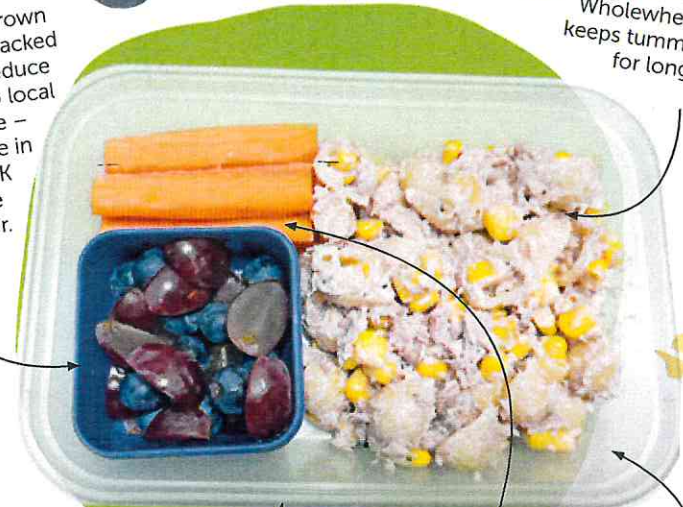
What's included in today's packed lunch?
• Tuna sweetcorn pasta • Carrot sticks • Grapes and blueberries

TOP TIP!

Using fruit that is UK grown and in season in your packed lunches will help to reduce air miles and can help local producers to thrive – e.g. Blueberries are in season in the UK between June and September.

TOP TIP!

Wholewheat pasta keeps tummies fuller for longer.



TOP TIP!

Pasta is such a versatile lunchbox ingredient. Using up leftovers in lunchboxes provides a tasty option, whilst reducing food waste. Try adding proteins such as chicken, ham, egg or cheese to pasta, or yummy sauces with hidden veg. You could even add kidney beans or butter beans.

TOP TIP!

Salad and vegetables provide healthy, tasty and budget-friendly snacks for your child. 'Wonky' veg or packs of veg are cheaper than pre-cut sticks. Look out for special offers in the supermarket, local market or at the greengrocer.

TOP TIP!

No need for fancy Tupperware, old takeaway boxes can work just as well! Eating leftovers is not only budget-friendly, it is a great way to support the planet too – we waste 40% of our food in the UK.

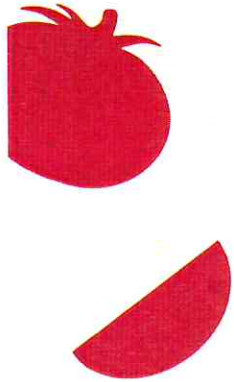
3. TASTY CHAPATTI!

What's included in today's packed lunch?

- Chapatti • Raita (made with low-fat plain yogurt, garlic, mint, cucumber and coriander) • Cucumber slices • Tomatoes

TOP TIP!

Using small pots instead of cling film or other single-use packaging reduces waste and is better for the environment.



TOP TIP!

If you don't have chapattis, a wholegrain pitta would be delicious too.



TOP TIP!

Use seasonal vegetables, these are often cheaper to buy and haven't travelled as far. Try including carrot sticks in the autumn term and peppers and cucumber from June to September.



TOP TIP!

Raita is great to add to a lunchbox as a leftover too.



4. SCRUMPTIOUS SANDWICHES!

What's included in today's packed lunch?

- Ham salad sandwich • Sliced cucumber and carrot
- A selection of fruit

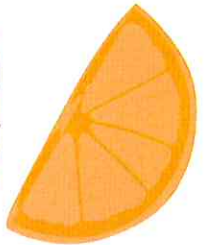
TOP TIP!

Why not get your child involved in making their packed lunch? They are more likely to eat and enjoy their lunch if they help to make it.



TOP TIP!

Run out of fresh fruit? You can use tinned fruit in a small pot instead! Tinned fruit in fruit juice, not syrup, is a great addition.



TOP TIP!

Add lettuce, cucumber, peppers or any crunchy veg to a sandwich or roll to make it more interesting for children, and healthier too!



TOP TIP!

If your child does not like wholegrain bread, try making a sandwich from one slice of white bread and one slice of wholegrain bread.

TOP TIP!

Try keeping a variety of bread, pittas or wraps in the freezer so you can vary each week's options and reduce food waste.



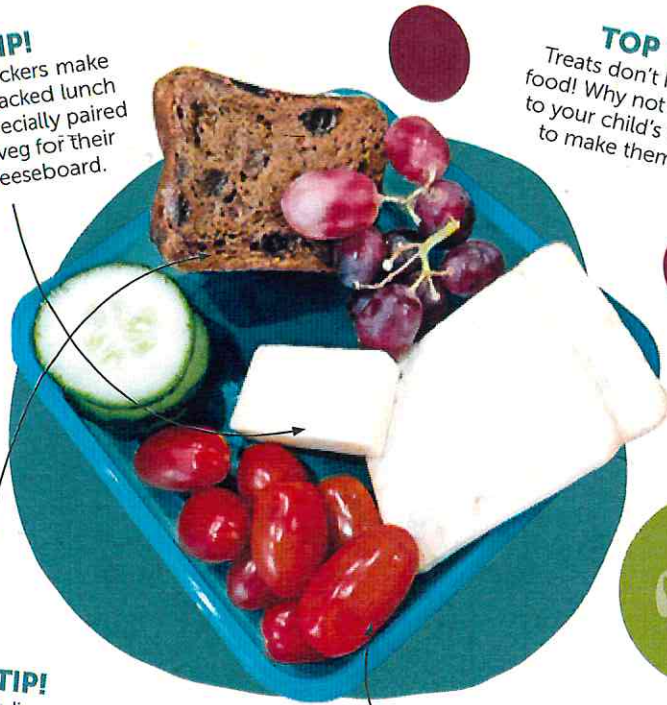
5. CRACKING CRACKERS AND CHEESE!

What's included in today's packed lunch?

- Crackers and cheese
- Tomatoes, cucumber and grapes
- Malt loaf

TOP TIP!

Cheese and crackers make an interesting packed lunch for children, especially paired with fruit and veg for their own mini cheeseboard.



TOP TIP!

Treats don't have to be food! Why not add a note to your child's lunch box to make them smile?

TOP TIP!

If you are including a treat in your child's packed lunch, once a week is recommended. Examples can include: a slice of malt loaf or banana bread, a teacake, a scone, or a flapjack.

TOP TIP!

Remember to chop up fruit and veg such as grapes or tomatoes for smaller children.

BUILD YOUR OWN MIX AND MATCH PACKED LUNCH

THINGS TO FILL YOU UP

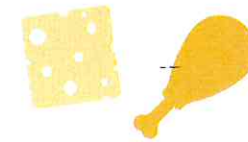
Bread, wraps, chapattis, fufu, pasta, noodles, pitta, cassava, potatoes, crackers, breadsticks, cous cous, rice, roti.



TOP TIP
Choose wholegrain where you can.

THINGS TO KEEP YOU FULLER FOR LONGER

Chicken, cheese, fish, hummus, soy chunks, turkey, lentils.



TOP TIP
Choose lower-fat fillings — like lean meat or reduced fat cheese.

VEG TO ENERGISE YOU

Halved cherry tomatoes, carrot, celery, cucumber, peppers, sugar snap peas.



TOP TIP
Adding a small pot of reduced-fat hummus or other dip can help children to eat vegetables.

FRUIT TO REFRESH YOU

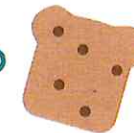
Satsumas, apple slices, pineapple, halved grapes, berries, melon.



TOP TIP
Add a squeeze of lemon juice to stop sliced fruit going brown.

TREATS TO LOOK FORWARD TO

Malt loaf, teacakes and fruit bread.



TOP TIP
Try to choose low plastic items, reusable items, or recyclable packaging.

DRINKS TO HYDRATE YOU

Water and milk.



TOP TIP
Flavour water with fresh slices of fruit. You can also use a frozen water bottle to keep food cool and as a refreshing drink later in the day!

WE ARE RECRUITING

JOIN OUR JUNIOR SEA
CADETS PROGRAMME AND
HAVE AN ADVENTURE

We Are Looking For

9-12 YEARS OLD



When we meet?

We meet every Wednesday
from 6.30 to 8.45 and
every Friday from 7.15-
9.35pm

What we offer

- ✓ A chance to be involved in so many amazing activities
- ✓ An opportunity to gain proficiency qualifications
- ✓ An opportunity to have fun
- ✓ Gain skills, knowledge and experience

**NEXT INTAKE DATE IS
10th February 2024**

**SEA CADET UNIT, POPLAR
WAY, FELTHAM, TW13 7AB**

Juniors@felthamhounslowsc.org

CONTACT - 07865806736

For More Information

<https://www.sea-cadets.org/junior-sea-cadets>

WHAT DO WE DO AS A JUNIOR CADET?



Catering



Communication



Competitions



Cybersecurity



Boating



Seamanship



STEM



Community Work



Outdoor Adventures



Fundraising



Excursions



Piping and Drill



And lots more...

CHECK US OUT!



London Borough
of Hounslow



BE IN THE LOOP COMMUNITY EVENT!

Join us for a fun day of repairing & crafting – all for free!

Free activities include

KIDS WORKSHOP

Learn to repair small
gadgets* & make fun
crafts

CRAFTS


Make your very own
draught excluder*

REPAIR EVENT

Learn to repair clothes,
small appliances,
laptops, PCs, consoles,
bikes & scooters

SATURDAY 27 JANUARY

11am to 1:30pm

 Heston Community Centre, Vicarage Farm Rd, TW5 0EE



For more info,
visit: hounslow.gov.uk/hestonintheloop
or scan the code above

(*pre-registration required)